



# Babysitter Checklist

Quick Access to Vital Information

Whenever you leave your child with someone, whether it's a teenaged sitter or even a grandparent, be safe and sure by having this necessary information in the event of an emergency.

Parents' names: \_\_\_\_\_

Address of this home: \_\_\_\_\_

Phone number at this home: \_\_\_\_\_

Nearest major intersection: \_\_\_\_\_

We will be at: \_\_\_\_\_

We should be home around: \_\_\_\_\_

Parents phone number: \_\_\_\_\_

Family emergency contact: \_\_\_\_\_

Neighbor emergency contact: \_\_\_\_\_

Police: \_\_\_\_\_

Fire: \_\_\_\_\_



If you have questions, please don't wait for symptoms to appear!

Call 1-800-222-1222.  
Specially trained pharmacists and nurses are available 24/7 to assist you with your emergency and answer your questions.

Oklahoma Center for Poison and Drug Information website:

[Oklahomapoison.org](http://Oklahomapoison.org)

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**Complete the health information on the next page for each child. In an emergency, medical or other personnel may require this information.**

**CHILD'S NAME** \_\_\_\_\_



**Date of Birth:**

**Weight and date weighed:**

**Allergies:**

**Medical Conditions:**

**Any Current Medications:**

**Physician name and number:**

**CHILD'S NAME** \_\_\_\_\_



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