

# OPIOIDS

Opioids are a class of drugs used to relieve pain but can be addictive and dangerous. Opioids include prescription medications like oxycodone, hydrocodone, morphine, synthetic opioids such as fentanyl and illegal heroin.

## SIGNS OF AN OPIOID OVERDOSE INCLUDE:

- Drowsiness or unconsciousness
- Confusion
- Small pupils
- Snoring or choking-like sounds
- Changes in skin color to a bluish/gray
- Slow or absent breathing

Death from an opioid overdose happens when too much of the drug overwhelms the brain and interrupts the body's ability to breath.

It may be hard to tell if a person is having an overdose. If you aren't sure it's best to treat it like an overdose.

- Call 911 Immediately
- Administer Naloxone
- Try to keep the person awake and breathing
- Lay the person on their side to prevent choking

KEEP opioids in lock and secured place away from children, family or visitors.



## CALL US

If you have questions about opioids, fentanyl, or using Naloxone call **1-800-222-1222**. Specially trained pharmacists and nurses are available 24/7 to answer your questions or assist you with an emergency.

**OKLAHOMA  
POISON  
CENTER**

Treatment • Education • Prevention  
1-800-222-1222  
OKLAHOMAPOISON.ORG

# NALOXONE

## What is Naloxone?

Naloxone is a life-saving medication that can reverse an overdose from opioids, including heroin, fentanyl, and prescription opioid medications. Often given as a nasal spray, naloxone is safe and easy to use.

## How does it work?

Naloxone quickly reverses an overdose by blocking the effects of opioids. It can restore normal breathing within 2 to 3 minutes in a person whose breath has slowed, or even stopped, as a result of opioid overdose. More than one dose of naloxone may be required when stronger opioids like fentanyl are involved.

If you or someone you know is at increased risk for opioid overdose, especially those struggling with opioid use disorder, you should carry naloxone and keep it at home. Because you can't use naloxone on yourself, let others know you have it in case you experience an opioid overdose.

## HOW TO USE NALOXONE NASAL SPRAY

Naloxone is a lifesaving medication that can reverse an opioid overdose. Carrying naloxone can help you save a life if you see a possible overdose.

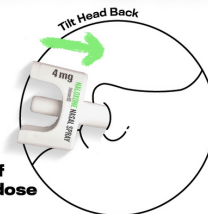
1

Call **9-1-1** then carefully remove naloxone from packaging.



2

Hold the nasal spray with your thumb on the plunger and **place the tip of the nasal spray in either nostril of the person experiencing an overdose** until fingers are touching their nose.



3

Firmly **press the plunger to release the entire dose of medication** into the nose.



4

**Wait 2-3 minutes** for the person to respond. If no response, give additional doses, switching nostrils, until help arrives.



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1-800-222-1222  
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